

RCHOA VIEW POINT



WWW.RANGERCREEK.ORG

Issue #221, October 2015

NEIGHBORHOOD NEWS

*****NATIONAL NIGHT OUT***** Mark your calendars for **TUESDAY, OCTOBER 6th beginning at 6pm** for our neighborhood party at our clubhouse in celebration of National Night Out. Bring your family to meet your neighbors and see how **YOU** can help keep our association safe! Our homeowner association will provide the entrée meat so bring a side dish to share and drinks for your family. Call Kari Valentine at 210.777.8235 to let her know what side dish you can bring. ****Let's reach out to neighbors to help fight crime** Hope to see you there!!!**

NEW GARBAGE STICKERS: **NEW** green garbage stickers will be mailed out at the end of September. Please make sure your account is up to date to receive yours in the mail. Place them on your garbage can as soon as you receive them so your garbage pick up will not be interrupted. Homeowners not having the new stickers will not have their garbage picked up.

POOL INFO: The pool will be open **Saturdays & Sundays from noon until 8pm** through the end of the month *if weather permits*. Come join the pool before the summer season ends and don't forget to collect any items of yours in our lost-and-found area.

TAKING IT TO THE STREETS: The folks who meet on the **3rd Thursday of every month** at the RC clubhouse are helping with a fundraiser for the non-profit organization Taking It to the Streets at TopGolf San Antonio! The event will be held on Friday, October 2nd from 1:00-4:00 pm and will include a full buffet, drinks and 3 hours of fellowship and golf. Please check their website at www.ti2ts.com for more information and a link to register before September 25th. All profits from the fundraiser will go directly to the needs of the ministry to support our homeless and impoverished brothers and sisters in San Antonio and the Hill Country. For more information, call Brooke House at 210.705.4344.

NEXT HOMEOWNERS MEETING

****October 8th****
at 7:30pm
in the clubhouse

CONTACTS

2015 Board Members:
Merv Hayner, President,
249.9752

Helen Burstein
Curtis Cormack

Dora Lopez 331.9934

Rick Palacios 816.5014

Deanna Slifkoff 249.1420

Kari Valentine 210.777.8235

Brush Site on Charger Drive
830.331.8156

Sheriff Dept. 249.9721

Vaquero Waste & Recycling
210.658.0487

KC Crime Stoppers
Cash Awards Up to \$5,000

Anonymously

"Non-caller ID" line

1.800.348.LEAD,

On-line Kc-

Crimestoppers.com

OR Anonymous Text Message
to CRIMES (274637)

EVENT CALENDAR:

10/1,8,15,22,29: Spanish Storytime for Grades K-5 @Library
3:15pm

10/3: Concert in Cave at 7pm @Cave without a Name

10/3,7,17,31: Farmers Market @Cibolo Nature Center
10-2pm for fresh local produce, eggs, breads, jams, jellies,
local honey and arts & crafts at the historic Herff Farm
including free live music, gardening classes, cooking
demonstrations and children's craft activities

10/8: RCHOA Monthly Meeting at 7:30pm

10/10: 2nd Saturday Art & Wine 5-8pm to Check out
what's happening with the art scene in Boerne

10/10-11: Boerne Market Days

10/11: Key to the Hills Rod Run-pre 1949 Coups, Sedans &
Roadsters on Main Street

10/11: Free Boerne Band Fall Concert @BHS Auditorium
6pm

**10/12: Columbus Day, City Offices Closed & BISD
Student Holiday**

10/16: Assistance w/Medicare Part D Enrollment @Library
10am-1pm

10/17: PAWS 4 Reading @Library 10:30am

10/17-18: Family Campout & Fishing Event at City Lake
Park

10/24: All British Car Day @Main Plaza 10-2pm

10/24: Boerne Boo Celebration @Library 4-7pm to
Celebrate Halloween with the City w/Boo Cycle Contest
& Halloween Parade for Prizes

**10/31: Halloween with Ghosts & Goblins at the Perry's
House on Deer Trail!!**

11/7: Boerne Handmade Market on Johns Rd 9-4pm

11/7: Chamber Wild Game Dinner 5-10pm at Fairgrounds

BENEFITS OF WALKING 45 MINUTES PER DAY:

1. **Healthy Body:** It can lift your mood & will make you physically strong. It's the easiest way to have a healthy mind & body.
2. **Weight Control:** It helps keep weight under control when followed by good healthy diet. It elevates heart rate & burns some calories helping in maintaining healthy weight.
3. **Beat Breast Cancer:** It also reduces woman's risk of developing breast cancer. Scientist say people who exercise survive more than inactive people.
4. **Fight Diabetes:** If you're a diabetic patient, walking can help. It keeps your weight under control which is the major cause of diabetes.
5. **Healthy Heart:** It is the easiest physical exercise & can help prevent heart diseases.
6. **Live Long:** It can prevent & delay osteoarthritis which is an age related condition & thus add years to life.
7. **Prevents Miscarriage:** It reduces fatigue & related pains which reduces the risks of gestational diabetes. It also lowers hormonal fluctuations.
8. **Prevents Dementia:** It reduces the risk by up to 54%.
9. **Tones Body:** It can help you achieve toned legs, bun & tummy to give definitions to these areas.
10. **Provides Energy:** This increases the blood circulation & oxygen supply. Also an effective antidepressant.
11. **Burns Calories:** It is good for those just starting to work out. Together with healthy diet cuts down extra flab.
12. **Reduces the Risk of Diseases:** It increases blood circulation which in turn keeps all heart related diseases at bay.
13. **Energizes the Body:** It stimulates the circulation of blood in the body which boosts all metabolic activities.
14. **Best & Easy Workout:** It is one of the easiest & most economical ways to stay physically active.
15. **Stress Buster:** It is directly linked to a reduction in stress levels. While walking, the body releases endorphin which in turn stimulates relaxation.

stylecraze.com



NEWCOMERS:

- * *James Lee* *107 Quail Court*
- * *Zora Bilicich* *111 View Point West*
- * *Steve Daniel* *118 Sparrowhawk*
- * *Sara Lanum & Cody Krisch* *102 View Point East*
- * *Robert Allan & Heather Surber* *98 Arrowhead*
...please give 'um a Texas-friendly welcome!

